

# The West Australian



# 54 YEARS OF GIVING

**HOW 2020'S RECORD \$46.3M IS BEING SPENT EIGHT-PAGE SPECIAL WRAP**

## WHY TELETHON IS NOW ABLE TO HELP EVEN MORE KIDS IN NEED



**ANGELA POWNALL**  
From world-class research on our children's first five years of life. To practical advice on keeping kids safe online. And even serving breakfast to hungry

schoolchildren. These are just three of the record-breaking 65 charities set to share in more than \$46.3 million generated by Telethon last year. Telethon chair Richard Goyder said it was amazing the record sum had been raised despite COVID-19.

It comes as The West Australian pays tribute to all the much-loved event's Little Telethon Stars, including last year's ambassadors Eamon Doak and Nora Holly, right.



**TELETHON BENEFICIARIES P6-7**

**THE WEBSITES PARENTS WORRY ABOUT MOST**  
MUST-READ RESEARCH **PAGE 2**

**THE PRIME MINISTER'S MESSAGE FOR THE WEST**  
WHY THIS CHARITY IS SO REMARKABLE **P3**



**Proudly supporting Telethon to help WA kids in need.**

Thank you to our customers and team members who dug deep and raised \$702,653 in 2020 to help sick kids from across the state.



## Striving to keep our kids active

RHIANNA MITCHELL

A new policy to boost physical activity in childcare centres has been met with an overwhelming response, with more than 200 applying to take part.

The Play Active program was developed by Telethon Kids Institute researchers in collaboration with partners across government, not-for-profits, the private sector and universities, and launched in December.

The program has been years in the making and is in response to the landmark PLAYCE study from 2018, led by the University of WA, which tracked the physical activity of 1600 young children and found 66 per cent were not meeting the recommended three hours a day needed for growth and development.

The study also found just 16 per cent of daycare centres referenced physical activity in their policies. Lead researcher, Associate Professor Hayley Christian, said given young children spent a lot of their time at child care, there was a huge opportunity to increase kids' physical activity levels in partnership with centre operators.

To address the gap, the TKI team, working with bodies including the Heart Foundation, Nature Play WA, Cancer Council and Minderoo, created the Play Active program, which includes strategies, resources and training to help childcare centres boost activity. It also sets out how much activity, screen time and sedentary time kids should have.

Professor Christian said the program encouraged educators to be role models. "There is a link between physical activity and developmental milestones, and evidence shows some unhealthy behaviours can continue throughout childhood, so it's important we establish these positive behaviours early," she said.



Adrian Engel and his eight-year-old daughter Allayna. Picture: Michael Wilson

# NOT ALWAYS CHILD'S PLAY

RHIANNA MITCHELL

Popular computer game Among Us has been identified as a major concern for WA parents, who are seeking advice over their child's online presence via a new cyber safety app.

Telethon Kids Institute and Bankwest have released the first results from their app Beacon, a joint initiative launched in September that aims to give parents a single source of information on digital dangers.

An analysis of anonymous user data across more than 5200 searches and 21,300 article views showed information on multiplayer game Among Us was the most searched for content and the second most read article. The multiplayer game requires participants to complete tasks as they attempt to identify players designated "imposters".

Telethon Kids Institute head of health promotion and education Donna Cross said the game's cartoon-style "innocent" appearance attracted younger players but it in fact portrayed violence and encouraged the sharing of personal details.

"Among Us features these gorgeous little animated characters but the amount of personal information shared and the violence in it is totally inappropriate for children of a certain age," she said.

Social media apps TikTok and Snapchat, and managing screen time overall, were the other common concerns from parents who used Beacon.

Professor Cross said the app's pop-up notifications, which provide parents with breaking alerts as concerns emerge, proved critical last year when it warned parents

### PARENTS' MOST COMMON SEARCHES

1. Among Us
2. TikTok
3. Snapchat
4. Roblox
5. Minecraft



about a suicide video that was spreading on TikTok.

"Parents tell us they are constantly challenged to find high-quality evidence on how to help children use digital devices safely," she said.

Beacon was created using TKI's 14 years of cyber-related research and is designed as a one-stop shop for personalised digital device advice.

It also provides advice for parents about what content to load on the devices and how to use parental controls.

"A device in the hands of a child sitting on a parent's lap is extraordinary, it's a wonderful learning tool," Professor Cross said. "It's what you do with the device that is so important. Technology can be very harmful if children don't have adult support."

Father-of-two Adrian Engel has found the app useful while navigating his eldest daughter Allayna's foray into the digital world. "I love the app's 'family agreement' for when and where we use devices," he said. "We implemented the device-free zones in our house and my daughter understands that when it's family time, we are all present completely."

## PROUD TO CELEBRATE 10 YEARS AS A MILLION DOLLAR PARTNER

For the last ten years, the Crown Resorts Foundation is proud to have been a million dollar partner to Telethon.

As a proud partner, we want to thank the Telethon team, our employee volunteers as well as the Western Australian community who have all helped contribute to Telethon's impact in Western Australia.



Credit: Viva Photography

  
CROWN  
RESORTS  
FOUNDATION



Ashleigh Joy with her children Nate, 3, and Abigail, 1. Picture: Nic Ellis

## HELPING FAMILIES FUNCTION

Ashleigh Joy was struggling with fatigue, worry and a loss of confidence as a parent after she had her second child a year ago.

The Hocking mum was referred to Edith Cowan University's Pregnancy to Parenthood Clinic, which has become a Telethon beneficiary. Mrs Joy said six months of sessions gave her practical strategies to help her children develop holistically.

"I saw a change in my children and my family," the 29-year-old said.

"I started to feel better within myself as confidence was gained again."

The clinic provides a free service, using supervised clinical psychology students, to families struggling with the challenges of

modern life. Clinic manager Rochelle Matacz said they saw 120 families and a 12 per cent increase in referrals last year.

"We are getting a lot more complexity in the families that are coming, with drug and alcohol concerns and extreme social isolation," she said.

Ms Matacz said FIFO was a huge issue, adding: "When you look at the social determinants of health, such as poverty, social isolation, intergenerational trauma or housing insecurity, there is a huge range of stressors impacting families."

The Telethon funding will be used to employ another clinical psychologist to reduce the five-month wait for families to be seen.

# Why WA should be so proud

ANGELA POWNALL

A record-breaking 65 charities, organisations and good causes have been given a share of more than \$46.3 million raised by WA's most famous fundraiser for children, Telethon.

Telethon chair Richard Goyder said it was amazing a record amount was raised in October, despite the restrictions and disruption caused by COVID-19.

The \$46,334,097 raised meant more money could be given to more beneficiaries, many of whom have had a tough year because of the pandemic.

"We've got significant sums of money going to medical research for children but also other organisations, like Foodbank providing kids' breakfast at schools," Mr Goyder said.

Rio Tinto joined the list of big donors with a \$4 million contribution towards the new JDRF Global Centre for Excellence for Type 1 Diabetes and the Wal-yan Respiratory Research Centre at Telethon Kids Institute.

"Having visited the institute, I've seen first-hand the vital work it carries out for the health and wellbeing of kids across WA,"

Rio Tinto's Australia chief executive Kellie Parker said.

In a video message to beneficiaries, Prime Minister Scott Morrison said the Federal Government's \$4.8 million donation was a reminder that the nation believed in Telethon too.

Mr Morrison recalled Seven West Media chairman Kerry Stokes



Our Telethon front page last year.

describing Telethon — now in its 54th year since it began in 1968 — to him. "Kerry was saying to me ... Telethon is more than about money. It's about giving of yourself too. It's about turning up, whatever way you can. And that's what tens of thousands of West Australians have done," he said.

Telethon 2021 will be held at Crown Theatre in Burswood on October 16-17, with an expected return to a 26-hour broadcast.

The Telethon Family Festival will be at Optus Stadium.



Prime Minister Scott Morrison makes a video tribute to Telethon's 2020 record-breaking effort.

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## HOW TELETHON HAS MADE A DIFFERENCE

### FOLIC BREAKTHROUGH

Professor Fiona Stanley and Professor Carol Bower made the landmark discovery in 1989 that a lack of folate in a mother's diet was linked to neural tube defects in their children. Their finding led to them implementing the world's first public health folate campaign, and to women now routinely taking folic acid supplements when trying to conceive or pregnant. Professor Stanley founded the Telethon Kids Institute in 1990.

### DIAGNOSING RARE DISEASES

Telethon funding was key to delivering the first Undiagnosed Disease Program in the Southern Hemisphere, which now supports 55 per cent diagnostic rate for children in WA with the most challenging medical mysteries.

### HOUSE OF LOVE

With Telethon's support, Hannah's House has provided more than 100,000 hours of in-home care to families of children with life-limiting conditions.

### SUPPORT FOR TEENS

Starlight delivered 11,094 experiences for hospitalised teens at Perth Children's Hospital in 2020. With Telethon support in 2020, OzHarvest delivered 200,000 meals.

### LITTLE TELETHON STARS

Since 1968, we have celebrated 74 Little Telethon Stars!

### TELETHON KIDS INSTITUTE

Led the development of the RHD ENDGAME Strategy, a blueprint to eliminate rheumatic heart disease in Australia by 2031. Had 16 Aboriginal practitioners qualify to deliver Equine Assisted Learning programs to support mental health of young people in the Kimberley. Cut waiting times for ear, nose and throat consultations from two years to just 10 days for Aboriginal families. And is leading an international clinical trial of a new cancer drug to increase brain cancer cure rates.

# ORIGINS OF BEST

## Telethon Kids Institute & 10,000 families are fortifying our future

### EXCLUSIVE ANGELA POWNALL

A pioneering long-term study of Perth families has found that up to 30 per cent of young children have low iron levels, potentially leading to problems with their health and brain development.

The Origins project — a collaboration between Joondalup Health Campus and Telethon Kids Institute — has reached the major milestone of recruiting 5000 families in Perth's northern suburbs to monitor their health, wellbeing and development for five years.

Early data has also revealed high levels of anxiety and behavioural issues among very young children, that 70 per cent of fathers are overweight or obese and that a Mediterranean diet consumed by a pregnant woman is linked to lower body fat in her newborn baby.

Origins project director Desiree Silva said it was "phenomenal" to be halfway to recruiting the target of 10,000 pregnant women and their families to take part in the study.

"The goal is to improve the health of the next generation through giving them the best start in life. That is, if you identify something, you basically act on it," she said.

Origins is different to most longitudinal studies in that if researchers or clinicians come across a health issue affecting a participant, they intervene to help rather than just recording it for the study. Professor Silva, who is a paediatrician at Joondalup Health

Campus, said children's iron levels were not routinely tested but had been at health check-ups for children in the Origins project.

"We're obviously worried that we're probably seeing up to 30 per cent of children with low iron... which is very high," she said.

"That can affect your sleep. It can make you more fidgety and fussy eating as well."

Professor Silva, below with three-year-old Elias Condelli, said children may not be eating enough iron-rich foods or were filling up on too much cow's milk, which is not high in iron.

The Origins project began in 2017, five years after a national study — the Australian Early Development Census — revealed that children in Perth's northern suburbs were falling behind on developmental targets.

"There were pockets in the Wanneroo area in particular where children were really struggling," Professor Silva said. "We thought, 'What can Joondalup hospital do to change this?'"

The Origins project was later born, thanks to a partnership with TKI and funding from the Federal Government through Telethon and the Paul Ramsay Foundation. Pregnant women in the Joondalup and Wanneroo areas have been recruited to the study, and usually their partner and later their baby. Data is collected from the parents-to-be women at antenatal appointments and at the birth of their child, as well as from regular online questionnaires.

The child then has check-ups with a paediatrician at the ages of one, three and five. Biological samples such as blood, saliva and house dust are taken from the family 10 times until the child's fifth

birthday. Professor Silva said the biological samples were used to find out how our environment can be changed to improve our physical and mental health.

"The concern we've had is that there's been an increased burden of non-communicable diseases like obesity, allergies, mental illness, respiratory disease, behaviour and diabetes," she said. "All these things are happening earlier in childhood and more often. You cannot have something increase that fast and be genetic. Environmental factors play a big part."

There are 25 studies running within Origins using the data provided by families covering issues such as increased incidence of food allergies, eczema, neurodevelopmental disorders like autism and ADHD, and the impact of technology use on child development, mental health, dental health and eye health.

More than 1000 one-year health checks have been done on children and assessments of three-year-olds started in January.

Professor Silva said paediatricians picked up a problem in half of all the children they checked, issues that would most likely not have been diagnosed outside of the Origins project.

"What has surprised us is the level of anxiety and behaviour issues in children at the three-year checks," she said.

"The intensity of children's behaviour or neurodevelopmental issues is increasing."

Professor Silva said they were looking at ways to address the problems, such as the impact of spending more time outside and less time on electronic devices, and the food being eaten. "Sleep is another big problem with children that can affect anxiety as well," she said. "Falling asleep, delayed sleeping and that may be related to electronic use."



Elizabeth and Mark Roberts with old son Tate. Picture: Justin Benso

### TELETHON KIDS INSTITUTE

# 30 YEARS

OF HELPING KIDS BE KIDS

As we reflect on 30 years of research at Telethon Kids, it's kids like Maya who remind us why we do what we do.

They are the reason we keep asking and answering difficult questions so that we can help kids everywhere live healthy, happy childhoods.

We'd like to thank Channel 7's Telethon for helping us change the lives of kids and families not just here in WA, but all over the world.

# FAMILY HEALTH



...their 18-month-  
...n-Cooper

## BIG BENEFITS FOR LITTLE MAN TATE

ANGELA POWNALL

Elizabeth Roberts decided to join the Origins project because her first child, daughter Tiana, died at just 15 days old.

Pregnant with her second child, Mrs Roberts hoped the extra checks and testing they would both get by taking part in the research would help avoid another tragedy.

It was a wise decision by the Banksia Grove mother, who now has 18-month-old Tate with her husband Mark. At Tate's one-year assessment, a paediatrician picked up subtle signs that something was wrong and ordered further testing.

The tests revealed Tate has the genetic condition DiGeorge Syndrome, which can lead to congenital heart problems, developmental delay and trouble learning.

"When I heard the symptoms and problems that kids can get from this syndrome, I started worrying, of course," Mrs Roberts said. "But the doctor made us feel more comfortable and organised all the specialists from cardiology, dermatology, physiotherapy and audiology."

Tate has now been diagnosed with a heart problem that will need surgery and under-developed leg muscles which affects his walking. Mr Roberts suspects that he has DiGeorge Syndrome and unknowingly passed it on to his son. He is waiting for the results of genetic testing.

"Growing up was pretty hard," the 41-year-old said. "Back then there was no such thing as DiGeorge Syndrome. But I know that Tate doesn't have to grow up the same way that I did. He'll have all the support and everything like that."

Mrs Roberts said that if they had not been part of the Origins project, they would not have found out about Tate's condition.

She said when they previously took Tate to hospital when he started wheezing — which they now know was caused by his heart problem — he was simply given an inhaler.

## HOW TELETHON HAS MADE A DIFFERENCE

### SUPPORTING VULNERABLE YOUTH

Telethon-funded clinicians at Youth Focus provided 7677 free counselling services to 400 young people across the State.

### SUPERB SWIMMERS

Since 2010, around 220 children have been involved in the Superfins Learn To Swim program, and eight swimmers have competed internationally.

### MILESTONE SCHOOL BREAKFASTS

Foodbank's School Breakfast Program has been running in WA for 21 years! With support from Telethon since 2005, Foodbank has fought against hunger and supplied breakfast foods to hundreds of schools each year.

### DISABILITY INCLUSION

Inclusion Solutions is working with 8 local soccer clubs to provide over 60 children with disabilities and their families the opportunity to gain a sense of belonging at their local club and play the world game.

### SPECIALIST AUTISM SUPPORT

1664 young families accessed specialist support through the Autism Association of Western Australia.

### TACKLING BULLYING

Kalgoorlie Boulder High students tackled key social issues such as bullying and peer pressure via The Constable Care Foundation's Youth Choices program.

### OVER THE YEARS...

More than \$395 million has been raised since 1968 with around 168 different charities supported. In 2021 Telethon are supporting a record 65 charities.

Telethon has gifted more than \$40 million to Perth Children's Hospital and granted more than \$153 million to Telethon Kids Institute to lead clinical trials and conduct ground-breaking research.



Read the stories of some of the amazing kids who represent our 30 years.

Visit [telethonkids30.org.au](https://telethonkids30.org.au)

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# THE 2021 TELETHON

Telethon is transforming the lives of children in WA and beyond. Thanks to our incredibly generous community. Telethon is giving out more than \$46 million this year to organisations that support the wellbeing of children and their families.

**12 Buckets**  
12 Buckets provides volunteer mentors for primary school students in disadvantaged areas who may show less resilience at school because of adverse childhood experiences or trauma.



**Ability Centre**  
Ability Centre delivers the In-home Baby Intervention Service (IBIS) for babies and toddlers who are at risk of developmental delay or disability. Therapists empower families to positively support their child's development.



**Ability Solutions**  
The All Abilities Art project uses modified equipment to enable children, who would otherwise be limited, to enjoy artistic expression. The High Care Kids project provides children with severe and complex disabilities with social and physical interactions.



**All Stars for Autism**  
The All Stars Telethon Teen Mentoring Program provides an opportunity for autistic high school students to mentor autistic primary school students. Autistic children can connect, collaborate and inspire each other.



**Anglicare WA**  
Anglicare WA provides Young Hearts, a free counselling service that empowers young children to overcome physical, psychological and emotional trauma and abuse caused by family and domestic violence.



**Asthma WA**  
The Asthma WA Paediatric Respiratory Hub is a one-stop shop for diagnosis, treatment and support. It combines testing, education and, if required, consultation with a specialist in one appointment at one location.



**Australian Children's Music Foundation**  
Australian Children's Music Foundation provides weekly music tuition sessions to disadvantaged children and at-risk youth in Perth and the Kimberley, and a creative outlet whilst achieving positive education and behavioural outcomes.



**Autism Association of WA**  
Autism Connect aims to minimise the trajectory of a child's disability with specialist support for WA families in vulnerable communities. The program includes specialist playgroups, training for community groups to identify early signs of autism and a dads program.



**Bio Rehab for Kids**  
Bio Rehab for Kids provides Advanced Biomechanical Rehabilitation (ABR) therapy to children with cerebral palsy and similar disabilities to develop and restore the body's myofascia and improve their range, mobility and strength.



**Cahoots**  
Cahoots cultural camps cater for young First Nations people and their families facing exceptional challenges. The camps focus on connection with culture and community through online learning.



**Camp Quality**  
Camp Quality will develop a program supporting children with a parent who has been diagnosed with cancer, which can have a profound impact on their emotional and physical wellbeing.



**Child and Adolescent Health Service & Perth Children's Hospital**  
Provides services to WA children and is committed to promoting their lifelong



health. CAHS is made up of Neonatology, Community Health, Child and Adolescent Mental Health Services and Perth Children's Hospital. Telethon support is enabling research excellence across CAHS.

**Conductive Education**  
Conductive Education will provide WA's first and only high school program at Castlereagh School in Willetton. It will give children and young people with complex physical needs access to the life-changing program in a high school setting.



**Constable Care Foundation**  
Constable Care Foundation is undertaking a pilot study in primary schools designed to help children develop critical thinking, empathy and ethical reasoning skills that research indicates will help them make better life decisions.



**Curtin University**  
Curtin University's Professor Pete Gething, a global expert in geospatial modelling and epidemiology, uses cutting-edge technology to understand how children's health and wellbeing varies geographically and to pinpoint hotspots of risk and underlying drivers.



**Cystic Fibrosis WA**  
Cystic Fibrosis WA's regional support and vulnerable families programs provide school, community and hospital-based education, financial support, counselling, occupational therapy, advocacy and a means to connect parents and carers including siblings and offspring.



**Down Syndrome WA**  
Down Syndrome WA's peer support program is the first point of contact for parents of newly diagnosed child, both prenatal and postnatal. Its playgroups are open to children up to five years old.



**Edith Cowan University**  
The Edith Cowan University Pregnancy to Parenthood (P2P) clinic supports early relational health between parents and their babies. It connects with families needing mental health support earlier and prevents more serious long-term problems in very young children and their families.



**Edmund Rice Camps**  
Edmund Rice Camps are for children aged between 7 and



16 who would not otherwise have such opportunities. The camps and other recreational and development activities support kids who are "at risk" or experiencing disadvantage.

**Fair Game**  
Fair Game aims to give everyone equal access to healthy lifestyle choices through recycled sports equipment, fitness and health education.



**Foodbank WA**  
Foodbank WA's School Breakfast Program gives schoolchildren equal access to a healthy breakfast, fuelling young minds and bodies to learn and play.



**Hannah's House**  
Hannah's House provides health and support services to children with life-limiting and complex conditions and their families. It focuses on quality of life through clinical and social support from diagnosis through to recovery or bereavement and beyond.



**HeartKids WA**  
The HeartKids Family Support Program supports parents of children with congenital/acquired heart disease through in-hospital and statewide community services.



**Horse Power**  
Horse Power provides healing through horses by offering therapeutic and recreational equestrian activities for children with disabilities and special needs.



**Inclusion Solutions**  
Inclusion Solutions' United Reds is an entry-level football league for children aged 8 to 12. Teams are made up of children with and without disabilities who want to experience a fun and friendly competition.



**Indigo**  
Indigo's Country Kids Communicate seeks to support children and young people with a disability and complex communication needs in regional WA to use augmentative and alternative communication (AAC).



**JDRF**  
The JDRF Global Centre of Excellence in Diabetes Research aims to improve health outcomes for people living with Type 1 Diabetes (T1D) and their families now and into the future. The centre will accelerate new therapies



and evidence-based research to improve policy and practice.

**Joondalup Health Campus**  
The ORIGINS project at Joondalup Health Campus is a 10-year research study of pregnant women, babies and their partners aimed at improving the next generation through early diagnosis and intervention.



**Kalparrin**  
The Kalparrin Hospital Support Program provides practical and emotional support to parents of children with disability or health conditions at Perth Children's Hospital.



**Life Education WA**  
The RoCKs (Resilience of Country Kids) program partners with primary schools in the Goldfields to give students health and safety education around mental health, cybersafety and drug and alcohol issues.



**Lions Eye Institute**  
The Lions Eye Institute will be the first to test a unique gene therapy to treat the vision loss symptoms of Usher Syndrome, a rare genetic disorder affecting young children that results in a combination of deafness and blindness.



**Make-A-Wish Australia**  
Make-A-Wish Australia grants life-changing wishes for children with a critical illness. Wishes are designed to complement medical treatment, support families and empower sick children with hope and joy when they need it most.



**Murdoch University**  
Researchers at Murdoch University's Australian National Phenome Centre are mapping the metabolic development of children to understand the impact of maternal and early life environment on their health.



**Muscular Dystrophy WA**  
Muscular Dystrophy WA's Adolescent Resilience and Capacity Building project aims to reduce isolation in those living with neuromuscular conditions by giving opportunities for social and community engagement that build confidence and develop leadership skills.



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**saba rose button FOUNDATION**

The Saba Rose Button Foundation is a not-for-profit charity focussed on raising funds to help children in necessitous circumstances who have special needs and their families.

The funds raised will pay for these little legends to participate in 'intensive blocks' of multidisciplinary therapy, for specialised equipment that is needed, for parental respite and for care in the home.

For more information please contact [info@sabafoundation.org.au](mailto:info@sabafoundation.org.au) or visit our website at [www.sabafoundation.org.au](http://www.sabafoundation.org.au)

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# GRANT RECIPIENTS

## Helping Little Hands



Helping Little Hands continues its work in supporting Aboriginal families impacted by the birth of a premature baby by helping with transport and food costs so families can spend precious time with their baby.

## OzHarvest



OzHarvest's Nourishing Our Schools program tackles children's food insecurity both in schools and at home by providing disadvantaged school communities in Perth with essential boxes for vulnerable families and youth, as well as breakfast, lunch and sport programs.

## Parkerville Children and Youth Care



Parkerville Children and Youth Care's Advocate role supports children, young people and their families following disclosures of child sexual abuse. It aims to ameliorate some of the harmful impacts of disclosing child sexual abuse and complement the investigative, child protection and justice processes that follow.

## Perron Institute



WA's Perron Institute is researching an intervention for a form of infant stroke responsible for 23 per cent of neonatal deaths worldwide. The research is adapting a peptide for adult stroke sufferers that has shown promising results in preclinical paediatric applications of brain injury.

## Perth Children's Hospital Foundation



The Perth Children's Hospital Foundation is the largest funder of Perth Children's Hospital and the Child and Adolescent Health Service after government. It works closely with those on the frontline to get an in-depth understanding of what is needed to have an impact where it counts most.

## Rebound WA



Rebound WA's Giving Kids a Go program offers children with a physical disability and their families the opportunity to reconnect and get involved in sporting, recreational and social activities tailored to their abilities.

## RedKite



Redkite provides emotional, financial and educational support for

children with cancer and their families who live in regional and remote WA and experience significant challenges as they need to travel or relocate to Perth for treatment.

## Rocky Bay



Rocky Bay's Early Start Intervention Program will provide children displaying signs, symptoms or risk factors of rare disease with intensive therapy during the critical early years of development.

## Saba Rose Button Foundation



The Saba Rose Button Foundation's rehabME INTENSIVE COLLECTIVE is a rehabilitation program for children with special needs to set and achieve specific developmental goals.

## Sony Foundation Australia



Sony Foundation Australia's Broome camps program provides free respite care for children with disabilities, physical and mental health needs, and their families and carers. It is a lifeline for vulnerable children in the Kimberley who face challenges associated with social isolation.

## Spectrum Space



Spectrum Space's Telethon Holiday Makers program allows young people with autism to explore their interests and strengths in a fun and engaging atmosphere.

## Sports Challenge Australia



Sports Challenge Australia, in partnership with JH Computer Services, will build, roll out and evaluate an "E-PALS" platform for mobile devices to assist in improving physical and mental health in "at risk" children.

## Starlight Children's Foundation



Starlight Children's Foundation's Livewire program at Perth Children's Hospital provides engaging workshops for young inpatients, giving them a creative outlet, a sense of choice and autonomy and fostering social connections during their hospital stay.

## Superfins



Superfins WA provides swimming lessons for children with disabilities to improve health and fitness, create a

lifelong pathway in the sport of swimming, reduce drowning by promoting water safety and encourage social interactions in a safe environment.

## Telethon Kids Institute



Telethon Kids Institute's vision is happy, healthy kids. Our researchers are searching for answers to big child health issues – cancer, diabetes, infectious disease, the extra challenges faced by Aboriginal kids and families and those living with a disability or poor mental health.

## Telethon Speech & Hearing



Telethon Speech & Hearing provides children aged up to eight affected by hearing, speech and/or language difficulties with educational, health and therapeutic services. Children can have individual and group therapy while caregivers are provided with skills to support their children at home.

## The Amanda Young Foundation



The Amanda Young Foundation's new primary school health program Detect & Protect in 2021 features Buddy, our new German shepherd mascot, and will guide students, teachers and parents on detecting potential meningococcal disease and ways to protect against it.

## The Dyslexia-SPELD Foundation



Important foundation skills in language and early literacy are first developed in the home. The Dyslexia-SPELD Foundation's Literacy Booster Pack project will provide WA families with engaging and easy-to-use home activities to boost these skills.

## The Fathering Project



Research shows the profound impact of an effective father on kids' outcomes. The Fathering Project's Dads Group schools program inspires and equips fathers and father figures to be the best they can be.

## The Healthy Strides Foundation



Non-ambulant children with cerebral palsy can spend up to 96 per cent of their waking day sitting, which can have a devastating impact on health and wellbeing. The Healthy Strides Foundation's CP-Movetime aims to

develop new ways to reduce sedentary behaviour for better health outcomes.

## The Legacy Club of WA



Legacy WA will offer dependent young people and adults an opportunity to pursue their education and training goals, as well as a program to support young people who have lost a parent or are living with a parent suffering ill health.

## The University of WA



University of Western Australia researchers will work to detect residual leukaemia to improve treatment for teenagers; use exercise to improve the health of those suffering illness; understand milk production difficulties faced by breastfeeding mothers and provide paediatric eye health services in the North West.

## Therapy Focus



Therapy Focus will give children with a disability access to specialised assistive technology through a transitional rehabilitation program and therapeutic interventions that support community inclusion and participation.

## Thriving



Thriving AfterSchool is a unique exercise service targeting children and young people whose ability to participate in community or school-based physical activity is impacted by physical, mental or behavioural conditions.

## Type 1 Diabetes Family Centre



The Type 1 Diabetes Family Centre is the go-to organisation for families impacted by type 1 diabetes in WA. The centre's Type 1 Connect service provides vital information, advocacy and peer support to parents of kids with type 1 online, via telephone and face-to-face.

## VisAbility



Telethon's Kites Sensory Zones, an initiative of VisAbility, enables families of children with sensory

challenges to improve their experience and engagement at local community events. Sensory spaces are created for children with these issues, allowing them to chill or let off steam.

## WA Child Research Fund



Funded by Telethon and the WA Government, the WA Child Research Fund was established in 2012 to pay for research of direct significance to the health of children and adolescents and enhance the translation of research findings into evidence-based health policy.

## WADSA



The WA Disabled Sports Association enhances the lives of people with a disability through meaningful participation in sport and recreation. This extends to families, volunteers, support workers, staff and the wider community.

## Wheels for Hope



Wheels for Hope vehicles are loaned to eligible families to make a difference to the lives of people with a disability who need help with transport. The fleet of 46 vehicles is insured, licensed, serviced and maintained by the industry through the WA Motor Industry Foundation Inc.

## Women and Infants Research Foundation



Projects focused on delivering greater community access to obstetric care, an enhanced role of family in neonatal intensive care and new treatments for mothers at risk of preterm delivery will benefit from Telethon funding.

## Youth Focus



Youth Focus is a leading mental health provider that supports the wellbeing of young people aged 12 to 25 in the community with free and professional face-to-face counselling. The Youth Focus mission is to equip young people who experience mental health challenges to lead meaningful lives.

"Giving is not just about making a donation, it's about making a difference!"

Learn more about our support and involvement with primary and high school programs giving children the ability to develop based on their specific needs through conductive education.

CONDUCTIVE EDUCATION CHARITY OF WESTERN AUSTRALIA

www.conductiveedwa.com.au

Rebound WA

Every one of our members has a story about what their life is like living with a physical disability and how we've helped them to explore possibility.

See their stories at www.reboundwa.com

## Telethon SAVES Young Lives

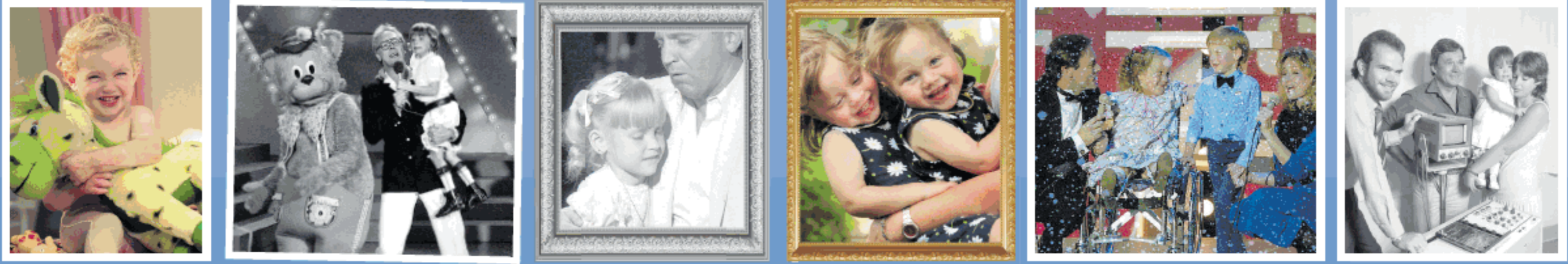
With social isolation regulations in place, families have an increased risk of experiencing domestic violence.

Our Young Hearts program, supporting children affected by family and domestic violence, can continue thanks to your generous contribution.

To learn more or support us  
☎ 08 9263 2091  
✉ getinvolved@anglicarewa.org.au



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# Thanks for your support



Thanks to the support of Woolworths customers and team, since 2013 more than \$3.5 million has been raised for Telethon to help kids across WA.

This generosity has allowed Telethon and its beneficiaries to fund medical equipment, critical services and life-saving opportunities.

Please join us in continuing to support Telethon by buying a \$2 Easter token or making a donation at the checkout.  
100% of the funds raised supports the good work of Telethon.



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